



Building Relationships
Developing Leaders
Acting for Justice

Fall 2017 Assembly

Mental Health Strategy

Mental Illness Continues to be a Significant Problem in Our Society

- Approximately 1 in 5 people in the US lives with a mental condition
- Approximately 26% of Homeless Adults Staying in Shelters Live with Serious Mental Illness
- Nearly 60% of Adults with Mental Illness did not receive Mental Health Services in the past year
- In Northern Lake County 17% of Adults reported Mental Illness in the Past Year

Prison Population and Mental Illness

- Approximately 1 in 3 individuals in county jails and prisons are Mentally Ill contributing to repeat offenders returning to jail
- On average, people with mental illness remain incarcerated 4 to 8 times longer than those without a mental illness arrested for exact same charge, costing 7 times higher.
- As a result, the prison recidivism rate has been predicted to cost the state of Illinois \$16.7 billion over the next five years
- In Lake County, the 100 most incarcerated individuals returned to jail between 8 and 17 times in one year.



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Review: Strategy / Goals

GOAL: Reduce the number of people with mental illness from the criminal justice system, and into proper treatment

Strategy

- ▶ 1) 75% of law enforcement receives Critical Intervention Training (CIT)
- ▶ 2) Improving access to crisis stabilization -to treat rather than incarcerate or emergency rooms
- ▶ 3) Increase affordable, supportive housing - critical for stability

What is Crisis Intervention Training?

- 40 hours of specialized mental health crisis training
- Educates officers to recognize the signs and symptoms of mental illnesses
- Provides skills to de-escalate crisis situations
- Helps officers access treatment facilities, not jail

What is a Crisis Stabilization Units?

- People in Crisis taken to Stabilization Units instead of Jail or hospital emergency rooms

Key components:

- 24/7 intake
- Triage with connections to: inpatient hospitalization, outpatient services
- Quick drop off for police (15 min)
- Detox component to address addictions

The Cost of Not Taking Action

- If CIT member prevents one individual from jail saves \$150/day; \$54,750/year
- Crisis Stabilization Units Saves County 80% jail cost for each individual served
- Crisis Care Center reduces Health and emergency costs by 73%
- Supportive Housing Costs Reduces Costs of Needed Services from \$40,000 to \$11,000 annually.

CIT - Progress to Date

- Sheriff applied and received \$250,000 from Dept. of Justice to implement CIT
- Since 2016 increase of 62 sheriff deputies, 21 Correction Officers, 11 Dispatchers
- State has added 10 CIT classes per year
- College of Lake County is applying to be a certified CIT trainer

CIT – Case Study Miami Dade County

- Population of Miami Dade County – 2.6MM
 - 14 CIT trainings per year for 36 police departments
 - Total number of officers: 6,500
 - CIT training rate: 75%
- Estimated annual CIT response
 - 16,000 CIT calls
 - 3,757 diversions
 - \$18 M savings (jail days avoided)

US HealthVest proposing behavioral hospital at Vista West

146 Beds with units for children, teens, adults, seniors

7 to 10 days

24/7 intake and assessed within 15 min of arrival

Police can bring

Detox 8-10 days then referred to treatment centers

4 stages of treatment:

- hospitalization

- day hospital

- intensive outpatient and outpatient.

No one leaves without a discharge plan and place to go.

NO ONE TURNED AWAY BASED ON INABILITY TO PAY

Focus for Future Efforts

- Build support for resources to track and expand CIT
- Continued to work with Governor Rauner's staff, other state departments and the county to seek expansion of coverage and lower rates of Managed Care Companies (MCO) through cost savings proposals
- Expand Long Term Supportive Housing

Join Us in Spring 2018 for a even larger assembly to help reach these goals



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